What to Bring to Your Louisiana WIC Appointments

What to bring to the WIC Office depends on your appointment type:

Certification/Recertification:

- Bring any of your family members seeking WIC enrollment, their ID and your ID.
- If you or anyone in your family is enrolled in Louisiana Medicaid, SNAP or TANF, bring proof of enrollment
- If not enrolled in these programs, bring the most recent (within 30 days of the appointment), income statement that includes 28-31 days of income, and proof of Louisiana residency, such as a lease or mail with your name and address.

Child Mid-Certifications:

- Either bring your child so that WIC can measure and weigh them, or bring a height and weight measurement from a provider's office (i.e. in provider's portal) to the appointment.

Infant Mid-Point Review:

- Bring your baby and a clean diaper to the appointment so that we can weigh them and check their growth!

Formula/Food Package Change:

- If this is for a prescription formula, bring the WIC-48 form completed and signed by your health care provider.
- If you need to exchange formula, please bring all unopened formula containers purchased with WIC benefits this month to your appointment.

Reload Card After Online Class:

- Bring your ID. Make sure to complete a lesson in wichealth prior to the appointment.

Remote FBI + Online NE:

- Remote appointments do not require you to come into the clinic. Please complete a lesson through wichealth.org before your appointment. Once you have completed the lesson staff will reload your benefits. Staff may contact you if they have questions.

Breast Pump Issuance or any other appointment types not listed:

- Bring your ID.

You can always contact your clinic to ask what you need to bring to your appointment!

To learn more about WIC foods, contact your local clinic or visit our website, www.LouisianaWIC.org.

This institution is an equal opportunity provider.