



STRIVE

Want to join a program focused on making ***lifestyle changes after having a baby?***

Help us find out how to reduce risk of diabetes!

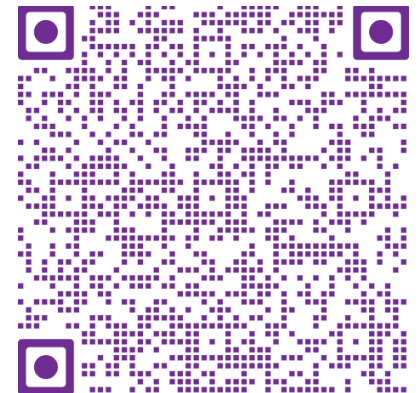
Contact us if you'd like to participate in a research study where you will learn how to make healthy lifestyle changes.

Criteria include:

- 18 years or older
- Had a baby in the last 6 weeks to 1 year
- Body mass index (BMI) 30 or above OR a history of gestational diabetes
- Not currently pregnant
- Not planning to become pregnant within the next 6 months
- Currently or recently received WIC services



**Want to participate in this study?
Scan this code or
CONTACT US!**



CALL/TEXT: (504) 249-8698
EMAIL: STRIVE@tulane.edu
<https://strivestudy.org/>
Receive up to \$350 in gift cards.

**Thank you for your
interest and support!**



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Principal Investigator: Dr. Kirsten Dorans, Department of Epidemiology, Tulane University
kdorans@tulane.edu