



# Farmer's Market Nutrition Program

With the Louisiana WIC Farmer's Market Nutrition Program (FMNP), participants 4 months and older are eligible to receive **\$50** to purchase fresh produce directly from local farmers at participating farmer's markets and roadside stands.



Scan Here or visit [LouisianaWIC.org](https://LouisianaWIC.org) for more information



## Farmer's Markets in Region 5

Farmer's Market/ Stand	Town	Address	Days/ Hours (subject to change)
McConathy Market, The Downtown DeRidder Farmers' Market	DeRidder	206 N. Washington St.	7 days/ week 7:00 AM-6:00 PM
CM Farms - Roadside Stand	Dry Creek	252 CM Farms Rd.	Call for hours (337) 328-8916
Carolyn's Pies and Produce-Roadside Stand	Lake Charles	170 McCain Rd. (south of Lake Charles - Grand Lake)	Call for hours (337) 905-4489
Cash & Carry Market	Lake Charles	801 Enterprise Blvd.	Tuesday 4:00 PM-6:00 PM
Charlestown Farmers Market	Lake Charles	1001 Ryan St.	Saturday 8:00 AM-12:00 PM
Oberlin Farmers' Market	Oberlin	228 W. 6th Ave.	Wednesday 9:00 AM-1:00 PM