



# Farmer's Market Nutrition Program

With the Louisiana WIC Farmer's Market Nutrition Program (FMNP), participants 4 months and older are eligible to receive **\$50** to purchase fresh produce directly from local farmers at participating farmer's markets and roadside stands.



Scan Here or visit [LouisianaWIC.org](https://LouisianaWIC.org) for more information

## Farmer's Markets in Region 3

Farmer's Market/ Stand	Town	Address	Days/ Hours (subject to change)
Barcelo Gardens Farmers' Market	Napoleonville	211 Franklin Ave.	Friday 11:00 AM-3:00 PM
Live Healthy Thibodaux Farmers Market	Thibodaux	805 St. Mary St.	Monday 3:00 PM-5:00 PM
German Coast Farmers' Market-Location #1	Destrehan	160 W. Campus Dr. (Eastbank Regional Library)	Saturday 8:00 AM-12:00 PM
German Coast Farmers' Market-Location #2	Luling	13825 River Rd. (Westbank Bridge Park)	Wednesday 12:00 PM-5:00 PM
River Road Farm-Roadside Stand	Vacherie	1735 Hwy. 18	Monday - Saturday 10:00 AM-3:00 PM
Garden Creations South-Roadside Stand	Franklin	7095 Hwy. 182 (In Centerville)	7 days/ week 10:00 AM-5:00 PM
Cajun Farmers' Market	Houma	Corner of Tunnel Blvd. & Naquin St.	Wednesday 6:00 AM until sold out