

Louisiana WIC offers FREE phone apps and websites to help make your WIC journey easy. All apps can be downloaded on the Apple Store or Google Play, and are available in English and Spanish.

Introducing myWIC!

myWIC is a simple, easy way for Louisiana WIC participants take advantage of all the benefits WIC has to offer!



What can I do with myWIC?



Manage your appointments.

Schedule, change, and view your appointments.



Keep track of your benefits.

View your monthly benefits and track your purchases.



Get a tailored shopping experience.

Make grocery shopping easier by using the shopping guide and product scanner.



Upload Documents

Use the step-by-step process for uploading documents before your upcoming appointment.



Get Notified

Stay informed by signing up for reminders and updates from your WIC clinic.



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Will myWIC replace the BNFT and WICShopper Apps?

WIC participants will still have access to the WICShopper app, but myWIC has many of the same features. The BNFT app will no longer be supported by the WIC program, as myWIC has all of the same features.

What other apps are available for Louisiana WIC participants?

Pacify

Pacify is a mobile app that provides on-demand, video-enabled support from Lactation Consultants (IBCLCs), 24/7 – all at the touch of a button! There are no appointments required and you can call as often as you need to, and **it's FREE!**

Pacify also connects you directly to your local LA WIC clinic, right through the app! *However, please note that staff are only available to live answer calls during regular business hours.*

Reach out to your local LA WIC clinic for your unique sign in code. Pacify is available in English and Spanish.



The **WICShopper app** makes WIC shopping easy and fun by using a product scanner to verify WIC eligibility as you shop. This app also includes food lists, recipes, and other great resources.

You can put in your zip code and the WICShopper

app will display an up to date list of WIC vendors closest to your location. It is available in English and Spanish.



WICShopper

Simplify your WIC shopping!

- 1 Install "WICShopper" from your app store.
- 2 Select Louisiana as your WIC Agency.
- 3 Scan products using the app to verify WIC-eligibility as you shop!
- 4 View your food list, recipes, and more right from the app!

Learn More

www.EBTShopper.com



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