



**Exhibit A: Louisiana WIC Approved Formula List**  
**March 2023**  
**For Medical Providers Only**



Product	Container	Flavors	Intended Use	Special Instructions
<b>Exempt Formulas</b>				
Alfamino Infant <i>Nestle</i>	PWD - 14.1 oz.		A nutritionally complete, hypoallergenic amino acid based infant formula.	Standard mixing is 1 scoop to 1 oz. water.
Elecare Infant DHA/ARA <i>Abbott Nutrition</i>	PWD - 14.1 oz.		An elemental formula for infants who cannot tolerate intact or hydrolyzed protein, have severe food allergies, GI disorders/impairment, or other conditions in which an amino acid-based diet is required.	Standard mixing is 1 unpacked scoops with 2 ounces of water.
Enfamil 24 cal. <i>Mead Johnson</i>	RTF – 2 oz.		For the management of premature and low birth weight infants.	
Enfamil AR <i>Mead Johnson</i>	PWD – 12.9 oz.		A thickened, milk-based infant formula with reduced lactose and added rice starch to help reduce frequent spit-up.	
Enfamil Neuropro Enfacare <i>Mead Johnson</i>	RTF - 2 oz. PWD - 13.6 oz.		A 22 calorie/ounce formula for premature and low birth weight infants.	
Enfamil Nutramigen <i>Mead Johnson</i>	CONC - 13 oz. RTF - 32 oz. & 2 oz.		Hypoallergenic, lactose, galactose, and fructose free formula for infants who are sensitive to intact protein in milk and soy based formulas.	
Enfamil Nutramigen with Enflora LGG <i>Mead Johnson</i>	PWD - 12.6 oz.		Hypoallergenic, lactose, galactose, and fructose free formula that has added prebiotics for infants who are sensitive to intact protein in milk and soy based formulas.	

Enfamil Pregestimil 20 cal. <i>Mead Johnson</i>	RTF - 2 oz.  PWD - 16 oz.		Lactose-free, sucrose-free, hypoallergenic infant formula. For infants with fat malabsorption and/or sensitive to intact proteins.	
Enfamil Pregestimil 24 cal. <i>Mead Johnson</i>	RTF -2 oz.		24 calorie Lactose-free, sucrose-free, hypoallergenic infant formula. For infants with fat malabsorption and/or sensitive to intact proteins.	Can only be issued when RTF criteria has been met and when concentrating powder is contraindicated
Enfamil Premature 20 cal. <i>Mead Johnson</i>	RTF - 2 oz.		For the management of premature and low birth weight infants.	Only available until 3 months of age For infants weighing less than 8 lbs.
Enfamil Premature 24 cal. <i>Mead Johnson</i>	RTF - 2 oz.		For the management of premature and low birth weight infants.	Only available until 3 months of age For infants weighing less than 8 lbs.
Enfaport <i>Mead Johnson</i>	RTF 6 oz.		A 30 calorie, milk-based formula for infants with chylothorax or LCHAD. Product has a 60:40 whey:casein protein blend.	Standard dilution is 30 kcal/oz.
Gerber Extensive HA <i>Nestle</i>	PWD - 14.1 oz.		Hypoallergenic, lactose free formula for infants who are sensitive to intact protein in milk based formulas. Includes the probiotic B. lactis.	
Neocate Infant DHA/ARA <i>Nutricia North America</i>	PWD - 14.1 oz.		An amino acid-based infant formula with DHA and ARA, for the management of cow milk and soy allergy, reflux or short bowel syndrome.	
Neocate Syneo Infant <i>Nutricia North America</i>	PWD - 14.1 oz.		A hypoallergenic, amino acid-based nutritionally complete formula for infants. This product is appropriate for food allergies, including cow's milk, and related GI issues such as FPIES and EoE. Contains Syneo, a symbiotic made up of pre- and probiotics.	

PurAmino DHA/ARA <i>Mead Johnson</i>	PWD - 14.1 oz.		Hypoallergenic, amino acid based formula for infants and toddlers with severe cow's milk protein and/or other food protein allergies.	
Similac Alimentum <i>Abbott Nutrition</i>	RTF - 32 oz. & 2 oz.  PWD - 12.1 oz.		Hypoallergenic formula for infants with severe food allergies, sensitivity to intact protein, protein maldigestion, or fat malabsorption.	
Similac for Diarrhea <i>Abbott Nutrition</i>	RTF - 32 oz.		Nutritionally complete infant formula with added dietary fiber (soy) specifically for dietary management of diarrhea. Helps firm loose and watery stools in infants older than 6 months and toddlers. Low Osmolality. Lactose-free.	
Similac Neosure <i>Abbott Nutrition</i>	RTF - 2 oz.  PWD - 13.1 oz.		A 22-calorie formula for premature infants.	
Similac PM 60/40 <i>Abbott Nutrition</i>	PWD - 14.1 oz.		For infants who would benefit from lowered mineral intake, including those with impaired renal function.	
Similac Special Care 24 cal. <i>Abbott Nutrition</i>	RTF - 2 oz.		A 24 Cal/fl oz. iron-fortified premature infant formula for low-birth-weight infants.	Only available until 3 months of age For infants weighing less than 8 lbs.
Similac Special Care 24 cal. High Protein <i>Abbott Nutrition</i>	RTF - 2 oz.		A 24 Cal/fl oz. iron-fortified premature infant formula for low-birth-weight infants who may need extra protein to help support growth.	Only available until 3 months of age For infants weighing less than 8 lbs.

Similac Special Care 30 <i>Abbott Nutrition</i>	RTF - 2 oz.		A 30cal/oz. infant formula for premature or low-birth weight infants.	Only available until 3 months of age For infants weighing less than 8 lbs.
<b>WIC-Eligible Nutritionals</b>				
Alfamino Junior <i>Nestle</i>	PWD - 14.1 oz.	Unflavored Vanilla	A nutritionally complete, hypoallergenic amino-acid formula for children ages 1-13.	
Boost Kids Essential 1.5 cal. <i>Nestle</i>	RTF - 8 oz.	Vanilla Vortex Strawberry Splash Chocolate Craze	A supplement for children 1-10 who are undernourished due to injury, chronic illness or failure to thrive.	
Boost Kids Essential 1.5 cal. with Fiber <i>Nestle</i>	RTF - 8 oz.	Vanilla Vortex	A high fiber supplement for children 1-10 are undernourished due to injury, chronic illness or failure to thrive.	
Elecare Junior <i>Abbott Nutrition</i>	PWD - 14.1 oz.	Unflavored Banana Chocolate Vanilla	An elemental formula for children age 1 year and older who have severe food allergies, GI disorders, impairment, or other conditions in which an amino acid-based diet is required.	
Neocate Junior <i>Nutricia North America</i>	PWD - 14.1 oz.	Unflavored Vanilla Strawberry Chocolate Tropical	A nutritionally complete, powdered amino acid-based medical food for children over the age of one with severe impairment of the gastrointestinal tract. Contains prebiotic fiber to help promote digestive health and extra vitamins and minerals especially helpful for children with GI-related malabsorption conditions.	Standard mixing is 1 scoop to 1 oz. water.
Neocate Junior without Prebiotics <i>Nutricia North America</i>	PWD - 14.1 oz.	Unflavored	An amino acid-based medical food for children ages 1-10 with severe impairment of the gastrointestinal tract that does NOT contain prebiotics.	
Pediasure Enteral 1.0 cal. <i>Abbott Nutrition</i>	RTF - 8 oz.	Vanilla	A milk-based, lactose free, complete tube feeding for children ages 1-10.	
Pediasure Enteral 1.0 cal. with Fiber <i>Abbott Nutrition</i>	RTF - 8 oz.		A milk-based, lactose free, complete tube feeding for children under age 10 who need extra fiber.	
Pediasure Grow & Gain <i>Abbott Nutrition</i>	RTF - 8 oz.	Any Flavor	A supplement for children ages 1-10 who are undernourished due to illness, injury, or failure to thrive.	

Pediasure Grow & Gain with Fiber <i>Abbott Nutrition</i>	RTF - 8 oz. & 7.4 oz.	Any Flavor	A supplement for children ages 1-10 who are undernourished due to illness, injury, or failure to thrive and need extra fiber.	
Pediasure Harvest <i>Abbott Nutrition</i>	RTF - 8 oz.		A nutritionally complete, blended formula made with a variety of real food purees, that does not contain milk, gluten or lactose containing ingredients. Product is Kosher.	
Pediasure Peptide 1.0 cal. <i>Abbott Nutrition</i>	RTF - 8 oz.	Vanilla Strawberry Unflavored	A nutritionally complete peptide-based formula for the nutritional needs of children ages 1-13 years with malabsorption, maldigestion, and other GI conditions where hydrolyzed protein is indicated.	
Puramino Junior <i>Mead Johnson</i>	PWD - 14.1 oz.	Unflavored Vanilla	Hypoallergenic, amino acid based formula with DHA for toddlers over age 1 with severe cow's milk and/or other food allergies.	Mix 1 scoop with 1 oz. of water.
<b>Standard Infant Formulas</b>				
Similac Advance w/ Iron	PWD - 12.4 oz. CONC - 13 oz. RTF - 32 oz.		For infants who require a milk based formula. Includes DHA, ARA and prebiotics.	
Similac Soy Isomil w/ Iron	PWD - 12.4 oz. CONC - 13 oz. RTF - 32 oz.		For infants who require soy based formula. Includes DHA and ARA	
Similac Sensitive w/ Iron	PWD - 12.5 oz. RTF - 32 oz.		Milk-based infant formula with reduced lactose for infants with lactose sensitivity or intolerance.	
Similac Total Comfort w/ Iron	PWD - 12.6 oz.		A milk-based infant formula that contains partially hydrolyzed protein and reduced lactose for easier digestion.	
<p>Ready to Feed Formulas (RTF) may be authorized when the CPA determines and documents that one of the following conditions are met: 1) The participant's household has an unsanitary or restricted water supply or poor refrigeration, 2) The person caring for the participant may have difficulty in correctly diluting concentrated liquid or powder forms; or 3) The WIC infant formula is only available in ready-to-feed. In addition to those conditions, RTF may be issue in Food Package III if 1) a RTF form better accommodates the participant's condition; or 2) if it improve the participant's compliance in consuming the prescribed WIC formula.</p>				

A WIC-48 Louisiana Medical Request for Formula and/or Food is required for issuance of exempt formulas or WIC-eligible nutritionals. Please see the Louisiana WIC medical provider guide on the Louisiana WIC website ([louisianawic.org](http://louisianawic.org)) or (<https://ldh.la.gov/page/Louisiana-WIC>) for more information.

PWD = Powder; RTF = Ready to Feed; CONC = Concentrate

cal. = calories

CPA = Certified Professional Authority (Nutritionist, Registered or Licensed Nurse, or Health Educator)

This list is subject to change. Please review the Louisiana WIC website ([louisianawic.org](http://louisianawic.org)) or (<https://ldh.la.gov/page/Louisiana-WIC>) for updated information.